

SOCIAL DREAMING MATRIX

A professional development workshop

London, dates to be defined

You are invited to register your interest in a professional development workshop

AIM

- Develop your experience of Social Dreaming
- Consolidate theory and practice
- Learn about hosting in a Social Dreaming Matrix
- Obtain a certificate of competence from the Social Dreaming Ltd, London
- Explore dreams as a major source of new ideas and perceptions

WHO IS THIS FOR?

- People who wish to explore or extend their experience of being in a Social Dreaming Matrix
- For experienced social dreamers wishing to learn how to host a Social Dreaming Matrix

Participants: 30 max. to include 8 trainees for hosting

WHERE

London Centre for Psychotherapy
32 Leighton Rd, Kentish Town, London, NW5 2QE
15 minutes underground from Euston/St Pancras / 1 hour from Luton

WHEN

Friday 17.30 - 20.00
Saturday 09.30 - 18.00
Sunday 09.30 - 13.00

STAFF

Training co-ordinator **Angela EDEN**, Organizational Consultant
Theory and practice **Gordon LAWRENCE**, Managing Director, Social Dreaming Ltd.
Administrator **Elio VERA**, Executive Education, CESMA - Centre for Experiences and Studies in Management

COSTS

£250 for trainee hosts (for late payment: £325)
£175 for participants (for late payment: £250)

Some **bursaries** may be available, please contact the administrator

CONTACT

To reserve a place please contact

Elio Vera - elio.vera@cesma.edu Skype address: elio-milano - Mobile +39 335 260842

Send a deposit of £ 50 payable to Social Dreaming Ltd

- International: IBAN GB 60 NWBK 504110 46519041
- UK BACS transfer Sort code 50-41-10 Account 46519041
- or a cheque to Social Dreaming Ltd-166 Holders Hill Road- London NW7 1LU

The deposit will be reimbursed in case of cancellation.

BACKGROUND

The Primary Task of Social Dreaming is **to transform** the thinking of the dreams by means of free association so as to make links and find connections among the dreams in order to be available for **new thinking**.

Social Dreaming focuses on the thinking and knowledge embedded in the dream, not on the dreamer, that is the work of individual psycho-analysis.

Social Dreaming is complementary to that way of working with dreams.

By focusing exclusively on the thinking of the dream we disinter and deconstruct the knowledge of the dream in order to discover new thinking.

The Social Dreaming is conducted in **special form called “Matrix”** which mirrors in waking life the undifferentiated unconscious that operates while we are asleep and dreaming.

WHY SET UP TRAINING

This training is to enable colleagues to host and work with dreams in a substantial way. Trainee hosts will need to have been in a Social Dreaming Matrix at least 3 times.

At this stage in the evolution of Social Dreaming there is:

- A phenomenon now in a third-generation state. Matrices may involve hosts and participants who have had no direct contact with the originators of Social Dreaming, and may not know its original aims and values.
- An expanding group of individuals who have participated in and attempted to host matrices in a variety of contexts (experienced hosts). People have expertise in related fields, but no training as such in hosting a Matrix.

The intention of these educational matrices is to expand the pool of hosts and the idea of Social Dreaming as a mode of social enquiry and **action-research** by having participants host a Social Dreaming Matrix as part of the training.